

# Wildcat Football Camp

## 2005



**DATES:** July 25-28 (Mon-T)  
**TIME:** 9:30 a.m.-4:00 p.m.  
**PLACE:** EHS Football Stadium  
**EQUIPMENT NEEDED:** Shoes/Shorts (no pads)  
**GRADES:** Next Year's 3rd – 9th

### OUR CAMP WILL INCLUDE

- <sup>a</sup> Wildcat Football T-Shirt
- <sup>a</sup> Pop Days
- Popsicle Days
- Timed 40 Yard Dash
- Running Clinic
- Weight Room Training
- Punt/Pass/Kick Contest
- Stretching Technique
- Stance/Starts Technique
- Passing/Receiving Technique
- Video Instruction
- Wing-T Football
- Lots of Games

### IMPORTANT NOTES

- Each athlete should bring a lunch.
- We will go inside in case of heavy rain.
- Either football shoes or tennis shoes are acceptable.

### COACHING STAFF

- Head Coach Dave Fritze
- Varsity Assistants
- Varsity Players



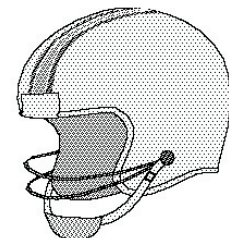
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Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_ Grade Next Year \_\_\_\_\_

**Mail to:** Dave Fritze  
Eagan High School  
4185 Braddock Trail  
Eagan, MN 55123

**Cost:** \$95.00



**Make Check Payable to:** Fritze/Wildcat Football Camp